



**VOLUNTEERING TEAM 26.8-4.10.2019** 



Youth Centre Villa Elba in cooperation with Leader group Pirityiset and the Federation of Education in Central Ostrobothnia, Perho Unit







## **OUR COMMON PATH**

#### VOLUNTEERING TEAM, PERHO

Our common path is a project gathering 10 persons from around Europe to Central-Ostrobothnia 26.8-4.10.2019.

During this project the volunteers work in cooperation with students to renovate a nature trails in rural areas in Central Ostrobothnia. The work is physical work including cutting bushes, measure and cut timber, and construct the path using different tools, create signs for the paths. painting etc.

During the project, volunteer can, for an example learn to:

- design outdoor trekking routes and areas together with experts in the field
- build and refurbish various types of outdoor routes and areas according to the plans given
- build hiking trails for the needs of different users
- use the most common tools used to produce route structures
- use personal protective equipment, take into account occupational safety and maintain work ability
- promote sustainable development practice

# YOUTH CENTRE VILLA ELBA

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Villa Elba is a National Youth Centre supported and observed by the Ministry of Education. We are specialised in youth work and our function is to develop the methods used in the field of youth work. We work under the Finnish law covering youth work and by the Ministry of Education.

Our goal is to offer youngsters the possibilities of learning in multicultural environment and finding their own strengths and abilities through international activity.

Our work consists of international camps and programs, education, practical training and voluntary work for young people, information and guidance about international programmes, projects and EVS co-ordination for hosting organisations.

## **Contact information:**

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## **Profile of participants:**

The participants are young people seeking new possibilities to their lives. You can be unemployed, face educational, economic or social challenges or have low language skills. We wish that the volunteers are interested in the nature and in national park. Work is physical and outdoors. There is no need of previous experiences, just the interest to try it out and learn more!

## We offer you:

- a chance to live in a new culture
- possibility to do volunteer work for the local community
- a chance for intercultural learning
- a project were you can use your skills to help to restore a nature path that has significant importance to local community

#### Be prepared for:

- physical outdoor work
- coldness, mosquitos and workdays in the forest
- interacting with people from different backgrounds
- life in a small rural community
- adventures in nature

#### We expect from you:

- flexibility
- respect towards other people
- ability to follow the rules and schedule





**OUR COMMON PATH** 

## **Tips for travelling to Kokkola:**

The participants can search for flights to Helsinki or directly to Kokkola. The best way to travel to Kokkola from Helsinki is train, timetables and prices at: <a href="www.vr.fi/en">www.vr.fi/en</a>. There is also one very cheap bus connection <a href="http://www.onnibus.com/en/index.htm">http://www.onnibus.com/en/index.htm</a>, but the ride is very long (approx. 7 hours). Villa Elba organizes transportation from Kokkola airport/ train /bus station to Villa Elba. This transport cost is covered from the travel grant.

After the on-arrival training, transport to Perho is organized and paid by Youth Centre Villa Elba

## What to bring with you:

- Warm clothes and shoes (gloves, cap) temperatures can vary from several plus degrees to freezing temperatures.
- European health card (very important, you will needed if you need to go to health Centre/hospital!)
- A backpack, thermos and rubber boots if you have
- personal medication and hygiene products
- Swimming suits if they want to wear them in sauna or want to go to swim
- Something typical from your country to present your culture (music, songs, dances, something to eat etc.)



## **On-arrival training:**

First week of the project will be on-arrival training in Youth Centre Villa Elba. The aim of the training is to get to know the other participants and understanding for EVS. We will also tell about the aim of the project, intercultural learning and about their rights and responsibilities. There will be Finnish language lessons to learn basic words and sentences.





## Accommodation and meals during onarrival training:

During the on-arrival training, the volunteers live in Youth Centre Villa Elba. The accommodation is in cottages (8 persons/cottage).

Meals are served in Villa Elba during on arrival training. Villa Elba provides bed sheets and towels.



## Perho, community where project takes place

Perho municipality, located in Central Ostrobothnia, has about 2800 inhabitants. Perho is 175 km from city of Vasa, 150 km from city of Jyväskylä and 100 km from city Kokkola. The nearest railway station and airport is in Kokkola, bus station in Perho centre.

In Perho you can find the Finlands southest widespread wild areas with excellent hiking- and berry areas. Nature adventures, hobbies and refreshing services are very good possibility in Perho. "Peuranpolku" is one of the most beautiful nature footpath by "Salamajärvi" naturepark, which is one of greatest protectorate in southern Finland with marsh areas untouched forest, lakes and rivers gives a special feeling for Perho municipality. Most of the people make their living from agriculture and woodcraft enterprises.

#### Working hours and holidays:

The volunteer work 5 days a week, approximately 35 hours. The working hours are usually from 8-16 including lunch break, but sometimes work times can vary a bit depending on logistics and weather conditions. The volunteers earn 2 holidays during the project.



#### **Accommodation and meals in Perho:**

In Perho, the volunteers accommodate at the school's students dormitory in double rooms. Part of meals are served at the school's cafeteria, and during working days, the volunteers get a picnic lunch and part of meals volunteers will prepare themselves in the kitchen of the dormitory.

#### **Support measures:**

Extra support is available for volunteers 24/7 during the whole project. The support persons help with everyday issues (living together, cleaning, shopping if needed), to get familiar with local community and culture, help in difficult situations and supports the volunteers to reflect on their learning outcomes. There will be organized mentor meetings weekly and volunteers are entitled to take part in the mentoring meetings.

Each support organisation can, if needed, send a support person to escort the volunteers to Kokkola 26-29.8.2019. We provide board and lodging for the support persons and travel costs are reimbursed fully up to 500 €.

Support organisations can apply for 250 € / volunteer to cover costs for reinforced mentorship. For payment, report of support measures and an invoice are needed.

#### **Financial issues:**

Travel grants are issued according to the funding rules of Erasmus+:

| 10 – 99 km     | 20 €   |
|----------------|--------|
| 100 – 499 km   | 180 €  |
| 500 –1999 km   | 275 €  |
| 2000 – 2999 km | 360 €  |
| 3000 – 3999 km | 530 €  |
| 4000 – 7999 km | 820 €  |
| 8000 -> km     | 1500 € |

#### Pocket money:

Volunteers get pocket money 200 € (40 days \* 5 € /day). The pocket money is paid in cash in two parts.

#### **Sending costs:**

We pay support organisations 45 € / volunteer for sending costs. We ask support organisations to send an invoice for sending costs along with travel- and support costs.